

**enter therein**, and they to whom it was first preached entered not in because of unbelief: Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts. For if Jesus had given them rest, then would he not afterward have spoken of another day. **There remaineth therefore a rest to the people of God.** For he that is entered into his rest, he also hath ceased from his own works, as God did from his. **Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief.** “

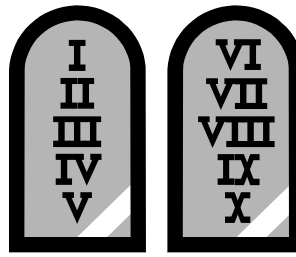
In Revelation 20:2-6, it describes the rest that we want to enter into...the first resurrection to rule and reign on the throne with Jesus: “...And I saw thrones, and they sat upon them, and judgment was given unto them: and I saw the souls of them that were beheaded for the witness of Jesus, and for the word of God, and which had not worshipped the beast, neither his image, neither had received his mark upon their foreheads, or in their hands; and they lived and reigned with Christ a thousand years... This is the first resurrection. Blessed and holy is he that hath part in the first resurrection: on such the second death hath no power, but **they shall be priests of God and of Christ**, and shall reign with him a thousand years..”. A day to the Lord is one thousand years (Psa. 90:4, 2 Pet 3:8). The thousand year reign is the seventh day sabbath !!! We keep the true sabbath as a sign to God that we believe in his Son, Jesus and the power of His Word.

“.. Let no man beguile you of **your reward** in a voluntary humility and worshipping of angels (Col 2:18)..”. That is exactly what is being stolen from you if you keep Sunday as the sabbath; you are following the angel Lucifer (Satan).

Show the God of the Bible that you believe on Him and his Son by keeping the true Sabbath !!

“...Let that therefore abide in you, which ye have heard from the beginning. If that which ye have heard from the beginning shall remain in you, ye also shall continue in the Son, and in the Father. And this is the promise that he hath promised us, even eternal life.” - 1 John 2: 24-25

Praise God in the name of Jesus for this Word.



*the Israel of God®*

Bible Study Class

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**“...Seek ye the Lord while He may be found, call ye upon Him while he is near: Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the Lord, and He will have mercy upon him ...”**  
- Isaiah 55: 6-7

*the Israel of God Asks:  
What is...*

# **THE TRUE SABBATH: SATURDAY OR SUNDAY?**



- Do you know what time it starts and ends?
- Where did Sunday worship come from?
- Does it **REALLY** matter today?
- Has the Sabbath been ‘**DONE AWAY WITH?**’

These, and other questions will be answered in this brochure with the **WORD OF GOD ...**

## SABBATH: COMMANDED

## SUNDAY: ENFORCED

From the beginning, God sanctified a day to rest. It was provided not only for man to rest, but to worship Him. “..And on the seventh day God ended his work which he had made; and he rested on the **seventh day**...And God blessed the seventh day and sanctified it.” (Gen 2: 2-3). The Lord Himself delivered the commandments upon Mount Sinai to the children of Israel as the

fourth commandment states: “...Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, **nor thy stranger that is within thy gates**: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.” (Exo. 20:8-11). Notice that it was given to Israel **and** the rest of the nations (stranger) to observe as an everlasting (perpetual) covenant and was a sign that you worship the true and living God. “...It is a sign between me and the children of Israel **for ever**: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed. And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God. (Exo. 31:12-18). The Lord also gave us a way to tell when it starts and ends. If you read the account in Genesis 1, it says that the evening starts a day. He also gave us the sun and moon to determine this: “...Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years: ...And God made two great lights; the greater light to rule the day, and the lesser light to rule the night: he made the stars also..” (Gen 1: 14-16).



Calendars that hang on the wall of your house tell you what the seventh day is.

## Did Jesus, Paul, and the Gentiles keep the Sabbath?

That is a good question. The Word in Luke 4:16 says that it was his routine to do so every week...”And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read”. Jesus was the sinless Lamb of God and kept His Father’s commandment...even the Sabbath!

In Acts 13: 42-44, the Jews and Gentiles kept the sabbath because it was a commandment: “..And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next sabbath. ...And the next sabbath day came almost the whole city together to hear the word of God”. This was years after Jesus’ resurrection that they were **still** keeping the seventh-day sabbath!

In the book of Colossians, Paul speaks to the saints in Colosse and addresses them to hold fast to the faith and let noone discourage or judge them concerning the Word: “...Paul, an apostle of Jesus Christ by the will of God, ...To **the saints and faithful brethren in Christ** which are at Colosse: ...Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days: Which are a **shadow of things to come**; but the body is of Christ...” (Col.1:1-2, 2:16-17)

A saint, according to Rev. 14:12, is “...Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus”. So, Paul was addressing those persons in Colosse that **kept** the sabbath and the feast days, etc. which is contrary to popular teachings. The Sabbath points to a future event...the thousand years of peace where Christ reigns with the saints (Rev 20).

### How did Sunday worship arise?

Sunday worship originated with the worship of the sun long ago and it became law when a well-known pagan sun worshipper named Constantine the Great supposedly converted to Christianity. In 321 A.D., the earliest law was instituted by him. “...**On the venerable day of the sun, let magistrates and people residing in cities rest, and let all workshops be closed. In the country, however, persons engaged in agriculture may freely**

**and lawfully continue their pursuits...**” — *Codex Justinus, lib. 3, tit. 12, 3; translated in PHILLIP SCHAFF DD., History of the Christian Church (seven-volume edition, 1902), Vol. III, p. 380 (1).* From that point forward, both emperors and popes in succeeding centuries added other laws to strengthen Sunday observance. Those persons who did not rest on Sunday were killed as ordered by those laws (2). These pagan customs have been handed down and many churches today observe Sunday as their day of worship and state that it is “...the Christian Sabbath day...”. The Word of God says different. In the book of Isaiah 56: 2-7, it states: “.. Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the sabbath from polluting it, and keepeth his hand from doing any evil.....Even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off. Also the **sons of the stranger**, that join themselves to the LORD, to serve him, and to love the name of the LORD, to be his servants, every one that keepeth the sabbath from polluting it, and taketh hold of my covenant; Even them will I bring to my holy mountain, and make them joyful in my house of prayer: their burnt offerings and their sacrifices shall be accepted upon mine altar; for mine house shall be called **an house of prayer for all people.**”

Sabbath observance is part of the New Covenant and is a commandment of the true and living God. Sunday worship is a commandment of the god of this world...SATAN ! Nowhere in the bible does it state to worship on the first day of the week as the sabbath!

### What does it mean for us today and in the future?

As stated earlier, Paul states that the sabbath is a shadow of things in Hebrews 4:1-11 “...Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it. For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. And in this place again, If they shall enter into my rest. Seeing therefore **it remaineth that some must**